



## TRIDENT LIFESAVING CLUB Tenacity Community Comradery

Welcome, here is some information to get you going

### Ψ The various categories of Lifesaver are:

<b>Niplets</b>	4 to 7 Years
<b>Nippers</b>	8 to 13 Years (Level 1, 8 to 9 Years, Level 2, 10 to 11 Years, Level 3, 12 to 13 Years)
<b>Junior Lifesaver</b>	14 to 15
<b>Senior Lifesaver</b>	16 upwards
<b>Masters</b>	30 and over
<b>QC</b>	Lifeguard award without the prerequisite Swim time.
<b>Professional Lifesaver</b>	16 years and older

### Ψ Training:

We train at Brescia House School - [14 Sloane St, Bryanston, Sandton, 2191](#) **Pytchley road entrance meet at the pool**

**Days and Times** - Tuesday evenings from 18:00 for 18.30 – 20:00, [add to your calendar](#)

Other training days and socials will be commentated via email and social media groups.



Join the Trident Lifesaving Club What's app group - <https://chat.whatsapp.com/IfWPCYnxkf96XhoksO5Iee>


**You are welcome to join us for training and become part of the club before you have completed a lifesaving official course.**



## Ψ Lifeguard Courses:

The course is done over 4 weeks and is run by Personal Lifeguard Services - <https://www.lifeguardservices.co.za/pls-training>, all requirements and details of the various upcoming lifeguard courses can be found on the website.

## Ψ Membership:

	Annual fees for 2021				Year upfront Discount
	1	2	3	4	
Qualification fee (includes active swimmer)					R3200.00
Retest					R 450,00
<b>Term</b>					
Active swimmer	R 450,00	R 450,00	R 450,00	R 450,00	R 1800,00
Member only	R 150,00	R 150,00	R 150,00	R 150,00	R 600,00

**The relevant membership documents and indemnity forms to sign can be found on the website to join the club.**

[www.tridentlifesavingclub.co.za](http://www.tridentlifesavingclub.co.za)

## Ψ Contact details

	Name	Number	Email
<b>Recruitment</b>	Schalk Liebenberg	072 627 2583	<a href="mailto:swliebenberg@gmail.com">swliebenberg@gmail.com</a>
<b>Secretary</b>	Stephanie Maggs	082 677 4075	<a href="mailto:Smaggs25@gmail.com">Smaggs25@gmail.com</a>
<b>Membership</b>	Jamie Crickmore-Thompson	071 493 1435	<a href="mailto:Jamiect27@gmail.com">Jamiect27@gmail.com</a>

